Geographer CPD Record

[CPD](https://www.rgs.org/professionals/career-resources/cpdintro/) is a structured and purposeful way to maintain and improve your knowledge, skills and professional qualities

Keeping a record of CPD helps you [plan](https://www.rgs.org/professionals/career-resources/developmentplans/) your CPD and to reflect on how your CPD is supporting your professional development.

The [Framework of Competencies](https://www.rgs.org/professionals/chartered-geographer/framework-of-competencies/) is designed to support Chartered Geographers. These provide a useful framework to review and evaluate your CPD. More information can be found [Royal Geographical Society - Chartered Geographer (rgs.org)](https://www.rgs.org/professionals/chartered-geographer/framework-of-competencies/)

This template is suitable for those Geographers who are early career or are not submitting CPD records for CGeog validation annually. For CGeog CPD please visit [Royal Geographical Society - Chartered Geographer (rgs.org)](https://www.rgs.org/professionals/chartered-geographer/)

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| **Name** |  |
| **Job Title** |  |
| **Organisation** |  |
| **Brief description of role** |  |

The examples and categories below are a guide, please add in additional rows for your activities, or add types of CPD which are relevant to you. Find out why it is important to have a range of CPD types in our [Career Resource](https://www.rgs.org/professionals/career-resources/choosing-cpd/).

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| **Activities**The examples below are a guide - please add as many additional rows as necessary for other forms of CPD you have completed.[You are probably doing more CPD than you think](https://www.rgs.org/professionals/career-resources/more-cpd-than-you-think/). Use our guide to review what you can record.  | **Details of CPD**Provide: Location, date/s, external provider (if relevant), topic/scope | **Evaluation and reflection.** Find out more about reflective practice [here](https://www.rgs.org/professionals/career-resources/reflectivepractice/) |
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| **Conferences, seminars**For example: Attending conferences or seminars. Presenting/facilitating discussions; Leading/chairing sessions;Contributing to the running of conferences and seminars. |   |   |
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| **Training courses, workshops**For example:Attending courses or workshopsParticipating or facilitating courses or workshopsContributing to courses or workshops |  |   |
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| [**Networking opportunities**](https://www.rgs.org/professionals/career-resources/get-the-most-out-of-networking/)For example:Participating in networking events; actively developing online profile and opportunities |   |   |
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| [**Mentoring**](https://www.rgs.org/professionals/career-resources/mentoring-and-coaching-in-your-career/)For example: Giving or receiving professional mentoring or coaching |  |  |
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| **Outreach**For example: Talks to school or university students, raising the profile of geography in other ways |  |  |
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| **Online/digital learning courses** For example: Internal online training, MOOCs, contributing to online communities of practice. |  |  |
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| **Publications and media**For example: articles in magazines, reports and industry publications, blogs and social media (relevant to professional role), books, TV & radio, other web publication (e.g., open source data/code repositories) |  |  |
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| **Consultancy & expert advice (not core job)**For example: Research projects, data analysis, expert witness or advisor, serving on external committees and bodies. |  |  |
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| **Other activities not listed above** |  |  |

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